

Toffee Tofu Pud

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This easy peasy pud tastes a little like a toffee mousse. Tofu combines with walnuts, maple syrup and brown sugar to create a very simple pudding with bags of creaminess and flavour.

Ingredients:

350g firm tofu, drained
4 tbsp. brown sugar
4 tbsp. maple syrup
1 tbsp. lemon juice
60g walnuts

Directions:

1. Dice the tofu and chop the walnuts. Place the tofu, brown sugar, maple syrup, lemon juice and walnuts in a food processor. Blend until smooth and spoon into 4 glasses to serve.

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